

Stroke Rehabilitation workshop:  
Working together to advance stroke rehabilitation  
and recovery across the continuum of care



**Date:** Tuesday 7 August 2018

**Time:** Registration from 8.30am, Sessions 9.00am – 4.30pm

**Venue:** Workshop Room 1 - E3.1

International Convention Centre

14 Darling Drive

Sydney NSW 2000, [www.iccsydney.com.au](http://www.iccsydney.com.au)

		Speakers
<b>8:30 am</b>	<b>Registration</b>	
9:00	Welcome and research update: Making progress in stroke recovery research	Julie Bernhardt
9:15	Australian multidisciplinary stroke research collaborations	Karen Borschmann
CRE stream updates and breakthroughs		
9.17 am Chairs: Monique Kilkenny and Julie Bernhardt		
9:20	Clinical Trials	Julie Bernhardt
9:25	Implementation Science and template	Liz Lynch
9:30	Data Linkage	Monique Kilkenny
9:35	Imaging	Leeanne Carey
9:40	Basic Science	Rohan Walker
9:45	Virtual Reality of circulation during stroke - a case series	Christine Shiner
Fatigue, stress and anxiety after stroke		
9:50 am Chairs: Karen Borschmann and Rene Stolwyk		
9:55	Fatigue and Anxiety after stroke	Avril Drummond (UK)
10:15	Current pre-clinical studies in post-stroke stress and cognitive impairment	Lin Ong
10:25	Drugs for fatigue	Andrew Bivard
10:35	Applying cognitive-behavioural techniques to improve fatigue and mood post-stroke	Dana Wong
10:45	Panel Discussion	
<b>11:00</b>	<b>Morning tea</b>	
Rapidfire session - Current trials		
11.25 am Chairs: Liz Lynch and Ingrid Rosbergen		
11:30	Very Early Start to Personalised Upper Limb Rehabilitation after stroke (VESPUR)	Kate Hayward
11:35	CRiSSIS' - Cardiac Rehabilitation in Stroke Survivors to Improve Survivorship	Liam Johnson
11:40	Aerobic Exercise & Combined Task-specific Training (AExaCTT) trial	Sarah Valkenborghs
11:45	Very early aphasia rehabilitation after stroke (VERSE)	Erin Godecke
11:50	Occupational therapy discharge planning to facilitate transition from hospital to home: The HOME trial	Dominique Cadilhac
11:55	Altering the Rehabilitation Environment to Improve Stroke Survivor Activity (AREISSA)	Heidi Janssen
12:00	Breaking up sitting time after stroke (BUST-Stroke)	Paul Mackie

Community services and meeting the needs of stroke survivors		
12:05 pm Chairs: Heidi Janssen and Natalie Fini		
12:10	Identifying and meeting the needs of young stroke survivors	Vincent Thijs
12:20	BEEPERS highlighting gaps in QLD health services	Ingrid Rosbergen
12:30	International Perspective #1: Canada	Marie-Louise Bird (Canada/ Aus)
12:40	International Perspective #2: European Action Plan, Life after Stroke Domain	Avril Drummond (UK)
12:50	Panel discussion	
1:10	<b>LUNCH</b>	
Using technology to enhance access to evidence based care in stroke recovery		
1:55 pm Chairs: Dana Wong and Susan Starr		
2:00	CITRS (Centre for Innovative Technologies in Rehabilitation Settings) and how technology can keep people at home	Michael Nilsson
2:15	AMOUNT trial – technology and physical activity	Cathie Sherington
2:30	Cognitive rehabilitation in telehealth	Rene Stolwyk
2:40	Smart Homes	Eleanor Horton
2:50	Panel Discussion	
3:20	<b>Afternoon tea</b>	
Next big things		
3:35 pm Chairs: Lin Ong and Erin Godecke		
3:40	AVERT-DOSE - Determining Optimal early rehabilitation after Stroke: A multi-arm covariate-adjusted, response-adaptive randomised controlled trial	Julie Bernhardt
3:45	Investigating implementation of 2017 Stroke Clinical Guidelines in inpatient stroke rehabilitation	Liz Lynch
3:50	Evaluation of enhanced models of primary care in the management of stroke and other chronic diseases	Nadine Andrew
3:55	A network of sites and 'up-skilled' therapists to deliver best practice stroke rehabilitation of the upper limb	Leeanne Carey
4:00	Stroke induced disturbances in glymphatic clearance: implications for brain repair?	Rohan Walker
4:05	Microglial paralysis in post-stroke neurodegeneration: help or hindrance?	Rohan Walker
Wrap up and future directions		
4:10pm Panel: Julie Bernhardt, Michael Nilsson, Avril Drummond and CRE stream leaders		
4:30	<b>Finish</b>	

**Further information:** Workshop convenor [karen.borschmann@florey.edu.au](mailto:karen.borschmann@florey.edu.au), mob: 0400 693610